

SIGNATURE TREATMENTS**

Includes our Asian inspired traditional & refreshing foot ritual to unwind and connect.

SENSE OF TOUCH

Our signature massage: a sense seducing escape from daily life. Combining the world's best massage techniques; inspired by African and oriental healing traditions, expect a deeply relaxing and uplifting massage experience. Ginger and Lemongrass herbal poultices are used to evoke a warm, nutrient rich relaxation to tense muscles. This massage works with the body's natural energy system to harmonise the energy flow. Utilizing our miracle African Potato body balm to revive your senses whilst enriching your skin with anti-oxidants & deep hydration.

75 minutes US\$ 114

HEAVEN ON EARTH

The ultimate face & body ritual: Unwind & de-stress with this heavenly combination. Drift away with a Balinese Massage to stimulate the natural balance of body, mind and soul. Enjoy a revitalizing foot therapy along with our Healing Earth™ Glow & Radiance Facial, while celestial sounds of our Tibetan singing bowls deepen your relaxation. Rejuvenated, uplifted and deeply relaxed you will walk on clouds after this blissful experience.

90 minutes US\$ 136

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COUPLES INDULGENCE**

Includes our Asian inspired traditional & refreshing foot ritual to unwind and connect.

FULL MOON MAGIC

An enchanting ritual to share with your loved one, captivates all of your senses, alleviates any tensions and connects you to the vital powers of nature's elements.

- Balinese Massage – restoring & calming
- Freshly prepared body polish
- Indulgent Indian head and foot massage.
- Tropical Bath Infusion*
- Healing Earth™ Bio Active Mini Facial
- Fruit platter complimented by champagne
- Spa gift for your spa experience at home

135 minutes US\$ 382 per couple

HONEYMOON INDULGENCE

Embrace this defining body ritual in a romantic setting with your loved one. After our signature foot-bath:

For her: A choice of Balinese or Oriental massage, Pinotage Body Polish, a deeply nourishing Indian head massage enriched with Rosemary infused warmed coconut oil.

For him: A deep tissue Back or Muscle Ease Massage, followed by an invigorating Ginger-Lemongrass Body Polish, encapsulated by a relaxing foot massage.

105 minutes US\$ 312 per couple

HIM & HER

Romantic Indulgence! Enjoy a candlelit room with the aromas of pure essential oils and indulge in a restoring & calming Balinese Massage, followed by champagne to savour after this treatment.

75 minutes US\$ 218 per couple

**** OUR RECOMMENDATION:**

MASSAGES OF THE WORLD

60 minutes US\$ 99

75 minutes (with herbal poultices) US\$ 114

BALINESE MASSAGE

A gentle and calming massage using acupressure, skin rolling and relaxing strokes to soothe, restore and calm the mind and body.

MUSCLE EASE MASSAGE

Invigorating deep tissue massage using Swedish massage techniques to wring away tension and stress, with the option of deeper pressure.

ORIENTAL MASSAGE

Restoring and balancing, using stronger pressure and a combination of Balinese, Thai and Indian head massage.

STRESS RELIEVER BACK MASSAGE

A therapeutic, deeply relaxing massage focusing on the back and upper body area; traditional healing herbs (poultices) are used for profound deep healing and release of muscle tension.

60 minutes (with herbal poultices) US\$ 99

THAI MASSAGE

Energising and uplifting, this 'yoga' massage opens joints, increases energy flow and muscle flexibility; improving postural body alignment (no oil used).

60 minutes US\$ 99

90 minutes (with herbal poultices) US\$ 124

FACIAL CARE

Healing Earth™ premium organic product brand includes the highly celebrated antioxidant-rich pinotage grape seed oil. Blended into unique formulations enhanced with 100% pure active ingredients of natural essential oils, essences and potent plant extracts ensuring the delivery of outstanding results.

Healing sounds of Tibetan singing bowls enhance all facials and balance your body's energy on a cellular level.

Experience the powerful beauty of nature on your skin.

BIO-ACTIVE PERFORMANCE FACIAL

Our Healing Earth™ facials with highly concentrated pure organic serums cater to your individual skin concerns. The facials are customized to your individual skin type to ensure stunning and visible results. Our skin therapist will advise the best treatment options for you.

60 minutes US\$ 102

VITA FIRMING – HYDRA BOOST FACIAL

The absolute lifting, firming and hydrating therapy to restore skin vitality. Improves skin elasticity, minimizing visibly fine lines and the onset signs of aging. With the use of Matrixyl™ & Cranberry in combination with tri-enzyme fruit acids; the skin is deeply exfoliated promoting the restructuring process of collagen and the vitamin boost to visibly revive the youthful appearance of your skin.

75 minutes US\$ 108

MAN SPACE PURIFYING FACIAL

Starting with a back massage to wring away tension and stress, followed by a facial treatment specially designed for the male complexion to purify, hydrate and revitalise skin. Ideal for frequent air travellers and those with stressful lifestyles.

60 minutes US\$ 102

ENHANCER - BEAUTIFUL EYES

Complete your facial with the new technology of EyeSlices™: reduces puffiness, dark circles, redness, lines and wrinkles,

Body Care

African Pinotage Body Contour Ritual

Firm & Nourish

The body experience to repair, nourish and firm the skin. The Pinotage body polish nourishes and stimulates skin renewal while firming the skin. With a specialised massage we add nutrients with the use of nourishing African Potato Balm to redefine the contours of the body whilst stimulating blood and lymphatic flow.

75 minutes US\$ 118

Tropical Aloe Vera Ritual

Heal & Repair

Too much sun? Let the purest natural remedies cool, repair and restore your skin. For your body a cooling and healing Aloe wrap to restore and heal damaged skin. For your face hydra-boost skin care that restores radiance and structure to the epidermis.

75 minutes US\$ 118

Coconut Body Polish

Exfoliate & Moisturise

A soothing back massage with warm coconut oil prepares the skin for freshly prepared coconut body polish to provide you with a moisturising exfoliation leaving your skin glowing and soft. The perfect preparation for your favourite fragrance.

60 minutes US\$ 92

Beauty Care

Soul 2 Sole

Warm blended coconut oil infused with rosemary is massaged into your scalp following Indian traditions. A coconut hair mask nourishes your hair & scalp combined with a neck, shoulder and arm massage to wring away tension. Rounded off with pressure point reflexology to stimulate energy zones and reflex areas throughout the body. This treatment leaves you in bliss from head to toe.

60 minutes US\$ 99

Coconut Oil Hair Elixir Indian Tradition for Shiny Hair

Warm locally sourced coconut oil with rosemary infusion is massaged into the scalp and hair. Followed by an Indian head neck and shoulder massage. Coconut oil is a natural conditioner and provokes new shine; aids in the protecting the hair from the sun and sea.

30 minutes US\$ 48

Deluxe Spa Manicure

Luxurious conditioning care for your hands with all elements of a traditional manicure to leave hands soft and smooth and nails beautiful. Includes a nourishing hand-arm massage with African Potato to nourish the skin. Nail polish application is included if desired.

60 minutes US\$ 60

Deluxe Spa Pedicure

Pamper your feet with an aromatic foot soak and scrub, followed by a traditional pedicure and foot massage with nourishing African Potato to leave your feet feeling revitalised and hydrated. Nail polish application included if desired.

60 minutes US\$ 60

Holistic Well Being

Restore your vital energy with our range of traditional therapies, mindfulness practices, yoga and meditation.

Reiki

Renowned Japanese technique for stress reduction and relaxation; awakens the body's innate healing ability, by 'laying on hands' allowing life force energy to flow and release blockages. As a result feel a deep sense of calm, peace & well-being.

60 minutes US\$ 99

Reflexology

Treat your feet with whole body benefits. Working on your foot reflex points to restore balance and support the body's own healing.

60 minutes US\$ 99

Himalayan Salt Stone Massage

Healing aromatherapy massage incorporates warmed, ethically sourced Himalayan Salt Stones that contain 84 mineral trace elements, which reduce stress, tension, pain and inflammation. Through osmosis the nutrients enter naturally the body to activate your natural healing. Experience a deep sense of balance and wellbeing. Includes detoxifying foot ritual.

75 minutes US\$ 114

Add On Services

To further enhance any of your spa treatments, add on your selection of the below services to any treatment on the spa menu.

Back, Neck & Shoulder Massage

An invigorating deep tissue massage focusing on the back area, using massage techniques designed to wring away tension and stress.

30 minutes US\$ 54

Express Facial

A treat for your face with all the elements of a traditional facial, using our organic products - short and sweet!

30 minutes US\$ 54

FootPrint Therapy

A therapeutic footbath focussing on the lower legs and feet, to cleanse, stimulate and exfoliate. Stones are used to stimulate blood and lymphatic flow to reduce water retention. Completed with a relaxing foot massage to wring away tension. This treatment is ideal for weary travellers suffering from the strains of a long journey.

30 minutes US\$ 54

Want More Treatment Time?

Choose from the following time options and customize your treatment. Can only be added to treatments from this service menu:

30 minutes treatment time: US\$ 37
45 minutes treatment time: US\$ 56